

SAIL MANITOBA AWARDS ANNOUNCEMENT

2024 Sail Manitoba Award Recipients

- Honorary Member Award: [Lt\(N\) Amanda Norquay](#), Canadian Armed Forces
- President's Award: [Mike Guezen](#), Gimli Yacht Club
- Don Freudenberg Memorial Trophy: [Francis Appelmans](#), Gimli Yacht Club
- Rising Star Trophy: [Felix Driedger](#), Winnipeg Sailing Centre
- Youth Elite Award: [Liam Cox](#), Black Sturgeon Sailing Club
- Most Improved Male Sailor of the Year: [Max Stachowicz](#), Gimli Yacht Club
- Most Improved Female Sailor of the Year: [Lola Parkinson](#), West Hawk Sailing Club
- Susan Mezaros Award: [Ella Radcliffe](#), Royal Lake of the Woods Yacht Club
- Charles Fleming Award: [Quinn Haines](#), Black Sturgeon Sailing Club
- Sailor of the Year Award: [Gavin Garabed](#), Pelican Yacht Club
- Coach of the Year: [Jackie Spear](#), Sail Manitoba High-Performance Coach

2024 Sail Manitoba Provincial Champions:

Legends Champion: [Roger Redwin](#), Falcon Sailing Club

Great Grand Masters Champion: [Patti Cohen](#), Falcon Sailing Club

Masters Champion: [Sharlene Telles-Langdon](#), Falcon Sailing Club

ILCA7 Champion: [Austin Ross](#)

ILCA6 Champion: [Sharlene Telles-Langdon](#), Falcon Sailing Club

ILCA4 Champion: [Anna Blankstein](#), Falcon Sailing Club

Youth U18 Champion: [Ella Radcliffe](#), Royal Lake of the Woods Yacht Club

Male 29er Team: [Gavin Garabed](#), Pelican Yacht Club and [Francis Appelmans](#), Gimli Yacht Club

Female 29er Team: [Megan Burns](#), Black Sturgeon Sailing Club and [Brynn McConnel](#), Royal Lake of the Woods Yacht Club

Opti U15: [Maury Lavitt](#), Gimli Yacht Club

Opti U13: [Jace Garabed](#), Pelican Yacht Club

Opti U10: [Jasper Bostick](#), Gimli Yacht Club

